

## Kick-off Workshop Mentoring

with [Deborah Ruggieri](#)

**Instruction Language: English**

### Target group:

Participants of the programme who are interested in establishing a mentoring relationship for their own growth and development

Date: **August 25 and 26, 2016**

August 25 (Thursday): 1 pm – 5 pm/ 13 – 17 Uhr  
August 26 (Friday): 10 am – 5 pm/ 10 – 17 Uhr

Location: Campus OVGU, Building 05, Room 308

### Content:

- Introduction to mentoring
  - > origins of mentoring
  - > mentoring as a Human Resources management tool
  - > understand the benefits and key concepts of mentoring
  - > issues in mentoring
- Methods and preparations for a successful mentoring course
- Career development & personal goal setting
- Construction of a mentees network